

# EQUINE SUPPORTED INTENSIVE FOR PARENTS



**When:** May 15 - 17, 2009    **Where:** Lil' Bit North Ranch (North of Boulder, CO)    **Cost:** \$850 per person

This family intensive allows parents to do their own personal work while also developing relationship, communication, and parenting skills. It is experiential and action-oriented and helps set the stage for ongoing learning, growth, and healing for the whole family. This is a 3-day, multi-family intensive with a maximum of ten people and will be facilitated by Rob Meltzer and Melisa Pearce.



## Why Do Family Therapy with Horses?

Therapeutic work done with horses is an extraordinary method for repairing and deepening relationships within a family. Due to their nature as herd and prey animals, horses are deeply tuned in and keenly aware of nonverbal communication and emotional states. They constantly evaluate humans as potentially safe or predatory. Through interactions with these highly sensitive animals, aspects of relationship and personality~ such as trust and safety~ are illuminated. Family members are coached to adjust behavior and regulate emotions in the moment. They experience what does and does not fit and come into more authentic and rich emotional relationships with themselves and others.

**Melisa Pearce MSW** is a seasoned psychotherapist and corporate coach. Graduating Summa Cum Laude and certified in Gestalt Therapy, Melisa's avocation is that of an accomplished horsewoman. Inspired by relationships with horses, her work as a therapist, and her intuitive self, Melisa developed an experiential style of workshops and retreats to assist others in discovering more of themselves through the mirror image of a horse.

**Rob Meltzer, M.A.** is the Founder and Director of Northlight Family Services. Rob is an experienced family therapist who has developed and implemented family therapy programs at schools across the nation. Rob has been a school principal, wilderness program director, and director of a graduate psychology department. He is a credentialed member of the Independent Educational Consultants Association and a Certified Educational Planner.

For more information or to sign up, contact  
Northlight Family Services at 303.650.2944 or [rob@northlightfamily.com](mailto:rob@northlightfamily.com)